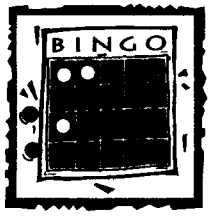
March /April 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 Men's Pool 8:00 Ladies Pool 8:00 Library 8:00 Fitness Room 9:00 Exercise 9:30 Blood Preasure 1:00 4M Forum 1:00 Canasta 1:00 Happy Singers 1st & 2rd Puzzles **55-ALIVE** March 28 & 31 April 25 9am NARFE	8:00 Men's Pool 8:00 Library 8:00 Fitness Room 8:30 Art Class 9:30 Beltone - 3rd 1:30 NARFE - 3rd 1:30 Isometrics Puzzles	8:00 Men's Pool 8:00 Library 8:00 Fitness Room 8:00 Cribbage 9:00 Exercise 1:00 Quilting 1:30 Friendship Bingo Puzzles Scrabble 	8:00 Men's Pool 8:00 Library 8:00 Fitness Room 9:00 Betzedek Legal Services (by Appt Only) 12:00 Needle point 12:00 HICAP (by Appt Only) 1:30 Nutrition Bingo Braille (by appointment only) Puzzles	8:00 Men's Pool 8:00 Library 8:00 Fitness Room 9:00 Ask the Nurse 2nd 9:00 Exercise 9:00 Ombudsman 1st 9:30 Diabetes 2nd 12:00 Euchre 12:00 Access 1:00 Notary Service (by Appt Only) 3:00 Clutters Anonymous Archeology-1 Puzzles 3rd Friday FOOD DISTRIBUTION 1pm, MP Room	1st Sat of the Month Carefree Dance 6 to 9 pm MP Room 3/15 Spring Boutique 9 AM to 1:00 PM 4th Sat of the Month Buklod Ng Pagkakaisa 10 am - 4 pm MP Room All Crafts 10 am - 4 pm Room 101 <u>SUNDAY</u> NO ACTIVITIES
		Evening Programs			
Square Dance 6 - 8:30, Rm 102-03	Computer Users Group (1st & 2nd) 6 - 9 pm, MP Rm		SEIU 434B 5:30 pm, (3rd) Rm 102 49ers Dance 6 - 9pm, MP Rm	**New Food Distribution Procedure** Please plan to arrive at the AVSC for Food Distribution on the 3rd Friday of the month at **1:00 p.m.** **When you arrive at 1:00 please go directly to the Multi Purpose Room for your random number.** Because numbers will be distributed in random order the first person to arrive will not receive ticket number one (1) The first person to arrive will NOT be first on the list. Let's try this and see if this elimiates crowding our hallways.	<u>Center Closed</u>
Lancaster Dance Group 6 - 8:30 MP Room	Photography (3rd & 4th) 6 - 9, MP Room	1st Wednesday FOTC Board 9am, Room 101 3rd Wed Tour Escort Meeting 9am	1st Thursday Center Advisory Board 9 am, Room 101		SUNDAY (NO ACTIVITIES)